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The World Health Organization has validated Anguilla, Antigua and Barbuda, Bermuda, Cayman Islands, Montserrat, and Saint Kitts and Nevis as achieving dual elimination

Saint Kitts and Nevis/ Geneva, December 1, 2017 - Anguilla, Antigua and Barbuda, Bermuda, Cayman Islands, Montserrat and Saint Kitts and Nevis were today certified by the World Health Organization (WHO) as having eliminated mother-to-child transmission of HIV and syphilis.

"This elimination is the result of our strong political commitment to public health and of making the health of mothers, children and families a regional priority," said Timothy Harris, Prime Minister of St. Kitts and Nevis. Over the last six years the Caribbean has succeeded in reducing new HIV infections in children by more than half. "This is an amazing achievement given the high rates of HIV in the past, and we intend to improve on this success story even more in the future."

Carissa F. Etienne, Director of the Pan American Health Organization (PAHO) and Regional Director for the Americas of WHO, said "This elimination is a remarkable achievement that puts the Americas at the forefront of the global effort to ensure that no child is born with HIV or congenital syphilis". "With political commitment, stronger health systems, and timely prevention, diagnosis and treatment, we can achieve great changes," she added.Â

"UNAIDS congratulates the six states and territories on this important achievement," said Michel Sidibé, Executive Director of UNAIDS. "All countries should follow their example and ensure that every child has an HIV-free start to his or her life."

In 2015, Cuba, another Caribbean island, became the first country in the world to receive validation from WHO for having achieved elimination of mother-to-child transmission of HIV and syphilis. Subsequently, Thailand and Belarus were also validated as having achieved dual elimination, while Armenia received validation of its elimination of mother-to-child transmission of HIV and the Republic of Moldova was validated for the elimination of congenital syphilis.

Since the launch in 2010 of the Regional Initiative for the Elimination of Mother-to-Child Transmission of HIV and Congenital Syphilis in Latin America and the Caribbean—coordinated by PAHO and the United Nations Children's Fund (UNICEF), with support from other regional partners—new HIV infections have been reduced in the Caribbean by 52% among children, from 1800 in 2010 to fewer than a thousand in 2016. Reported cases of congenital syphilis, meanwhile, remain below the goal of having no more than 50 cases per 100,000 live births, although they have not declined since 2010, and it is likely there is underreporting of cases.

"The elimination of mother-to-child transmission of HIV and syphilis is not just a dream; it's an achievable goal," said Maria Cristina Perceval, UNICEF Regional Director for Latin America and the Caribbean. "Today we can say we are closer to ensuring an AIDS-free generation".

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In the Caribbean as of 2016, 74% of pregnant women living with HIV, 64% more than in 2010, had access to antiretroviral therapy to protect their health and significantly reduce the possibility of transmitting the virus to their children during pregnancy, delivery or breastfeeding. The increased access to treatment contributed to a 52% reduction in the rate of mother-to-child transmission of HIV between 2010 and 2016, which is now at 9%, still higher than the target of 2%.

Other changes in the health sector that have contributed to this progress include intensive participation by both the public and private health sectors, led by the ministries of health, in the implementation of comprehensive maternal and child health services, with an emphasis on universal coverage and quality antenatal and prenatal care. They also include expanded testing to ensure early detection and immediate treatment for both HIV and syphilis, laboratory networks of guaranteed quality in accordance with international standards and the implementation of essential measures to guarantee the human rights of women living with HIV.

The elimination of mother-to-child transmission of HIV and syphilis is an important milestone for ending AIDS and sexually transmitted infections as public health threats by 2030, commitments endorsed by the United Nations General Assembly and by the World Health Assembly.

"The validation for the elimination of mother-to-child transmission of HIV and syphilis sends a strong message that the Caribbean is making remarkable inroads to achieving the goal of an AIDS-free generation and the achievement directly aligns with achieving our vision and objectives," said Dereck Springer, Director of the Pan Caribbean Partnership against HIV and AIDS. "The spread of the disease from mothers to children is being halted, but elimination status must be maintained and other Caribbean countries must strengthen their services with the goal of receiving validation from WHO," he added.

Other PAHO Member States in the Caribbean are participating in the formal validation process, and it is expected that more will be recognized for their achievements in 2018.

Spotlight on HIV prevention

This week, PAHO and UNAIDS launched their first joint report on HIV prevention in the Americas, entitled HIV Prevention in the Spotlight: A Health Sector Analysis in Latin America and the Caribbean

The report shows that the number of new HIV infections among adults remained stable in Latin America and the Caribbean between 2010 and 2016, at about 120,000 new HIV infections annually. The report urges countries to step up the implementation of a comprehensive package of interventions to prevent new HIV infections for key populations, so as to end the AIDS epidemic as a public health threat by 2030.

Among the report's specific recommendations is expanded access to HIV self-testing and diagnosis of other sexually transmitted infections, the provision of pre- and post-exposure prophylaxis as recommended by WHO, treatment for all people living with HIV, and eliminating discrimination.

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HIV and syphilis in the Caribbean in 2016*

- 310 000 [280 000–350 000] people living with HIV.
- 64% [51–74%] of people living with HIV know their status.
- 81% [64–>85%] of people diagnosed with HIV on antiretroviral therapy.
- 67% [53-77%] of people on antiretroviral therapy have a suppressed viral load.
- 18 000 [15 000–22 000] new HIV infections.
- 9400 [7300-12 000] AIDS-related deaths.
- 1.25 million live births in 2014 in 31 Caribbean countries.
- 10 000 [8700–12 000] children up to 14 years of age living with HIV, 29% less than in 2010.

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